The VARK Questionnaire for Younger People
How Do I Learn Best?

Choose the answers which best explain your preference.
Please click more than one if a single answer does not match your perception.
Leave blank any question that does not apply.

1. I need to find the way to a shop that a friend has recommended. I would:
   a. find out where the shop is in relation to somewhere I know.
   b. ask my friend to tell me the directions.
   c. write down the street directions I need to remember.
   d. use a map.

2. A website has a video showing how to make a special graph or chart. There is a person speaking, some lists and words describing what to do and some diagrams. I would learn most from:
   a. seeing the diagrams.
   b. listening.
   c. reading the words.
   d. watching the actions.

3. I want to find out more about a tour that I am going on. I would:
   a. watch videos to see if there are things I like.
   b. use a map and see where the places are.
   c. read about the tour on the itinerary.
   d. talk with the person who planned the tour or others who are going on the tour.

4. When choosing my subjects to study, these are important for me:
   a. Applying my knowledge in real situations.
   b. Communicating with others through discussion.
   c. Working with designs, maps or charts.
   d. Using words well in written communications.

5. When I am learning I:
   a. like to talk things through.
   b. see patterns in things.
   c. use examples and applications.
   d. read books, articles and handouts.

6. I want to suggest fund-raising options for a sports team. I would:
   a. focus on fund-raising options that I know will work.
   b. list details about different options.
   c. compare graphs of different fund-raising options.
   d. question others who have been involved with fundraising.

7. I want to learn how to play a new board game or card game. I would:
   a. watch others play the game before joining in.
   b. listen to somebody explaining it and ask questions.
   c. use the diagrams that explain the various stages, moves and strategies in the game.
   d. read the instructions.
8. I have a problem with my knee. I would prefer that the doctor:
   a. gave me something to read to explain what was wrong.
   b. used a plastic model to show me what was wrong.
   c. described what was wrong.
   d. showed me a diagram of what was wrong.

9. I want to learn to do something new on a computer. I would:
   a. read the written instructions that came with the program.
   b. talk with people who know about the program.
   c. start using it and learn by trial and error.
   d. follow the diagrams in a manual or online.

10. When learning from the Internet I like:
    a. videos showing how to do or make things.
    b. interesting design and visual features.
    c. interesting written descriptions, lists and explanations.
    d. audio channels where I can listen to podcasts or interviews.

11. After reading a play, I need to do a project. I would prefer to:
    a. draw or sketch a scene from the play.
    b. write about the play.
    c. read a speech from the play.
    d. act out a scene from the play.

12. I want to learn how to take better photos. I would:
    a. ask questions and talk about how to achieve interesting effects.
    b. use the written instructions about what to do.
    c. use diagrams showing how different camera settings work.
    d. use examples of good and poor photos showing how to improve them.

13. I prefer a presenter or a teacher who uses:
    a. demonstrations, models or practical sessions.
    b. question and answer, talk, group discussion, or guest speakers.
    c. handouts, books, or readings.
    d. diagrams, charts, maps or graphs.

14. I have finished a competition or test and I would like some feedback. I would like to have feedback:
    a. using examples from what I have done.
    b. using a written description of my results.
    c. from somebody who talks it through with me.
    d. using graphs of my results.

15. I want to find out about a house or an apartment. Before visiting it, I would want:
    a. to view a video of the property.
    b. a discussion with the owner.
    c. a printed description of the rooms and features.
    d. a plan showing the rooms and a map of the area.

16. I want to assemble a wooden table that came in parts (kitset). I would learn best from:
    a. diagrams showing each stage of the assembly.
    b. advice from someone who has done it before.
    c. written instructions that came with the parts for the table.
    d. watching a video of a person assembling a similar table.
VARK Questionnaire – Scoring Chart

Use the following scoring chart to find the VARK category that each of your answers corresponds to. Circle the letters that correspond to your answers e.g. If you answered b and c for question 3, circle V and R in the question 3 row:

<table>
<thead>
<tr>
<th>Question</th>
<th>a category</th>
<th>b category</th>
<th>c category</th>
<th>d category</th>
</tr>
</thead>
<tbody>
<tr>
<td>3</td>
<td>K</td>
<td>V</td>
<td>R</td>
<td>A</td>
</tr>
</tbody>
</table>

Calculating your scores

Count the number of each of the VARK letters you have circled to get your scores:

- Total number of V's circled = [Blank]
- Total number of A's circled = [Blank]
- Total number of R's circled = [Blank]
- Total number of K's circled = [Blank]

Fill in the questionnaire online at [https://vark-learn.com/the-vark-questionnaire/the-vark-questionnaire-for-younger-people/](https://vark-learn.com/the-vark-questionnaire/the-vark-questionnaire-for-younger-people/) to find out your VARK learning preference.